

10.30am				
Bib Number	First Name	Last Name	Category	Age Category
1	John	Calvey	12k Trail Run - Men	Vets
2	Max	Drew	12k Trail Run - Men	Open
5	Matthew	Gardner	12k Trail Run - Men	Masters
6	Stephen	Hayden	12k Trail Run - Men	Open
7	Jonathan	Lewis	12k Trail Run - Men	Vets
8	Paul	Mcguire	12k Trail Run - Men	Vets
9	Pawel	Richert	12k Trail Run - Men	Masters
10	Kevin	Ryan	12k Trail Run - Men	Vets
11	Joel	Seagar	12k Trail Run - Men	Open
12	Darryl	Still	12k Trail Run - Men	Vets
13	Cathrine	Bryant	12k Trail Run - Women	Vets
14	Theresa	Carlsen	12k Trail Run - Women	Open
15	Kat	Hayes	12k Trail Run - Women	Open
16	Jessica	Howells	12k Trail Run - Women	Masters
17	Helen	Macrae	12k Trail Run - Women	Masters
18	Cerys	Mcdonald	12k Trail Run - Women	Vets
19	Dyddgu	Morgan-Hywel	12k Trail Run - Women	Masters
20	Lowri	Randell-Evans	12k Trail Run - Women	Vets
21	Aimee	Russell	12k Trail Run - Women	Open
22	Tammy	Ryan	12k Trail Run - Women	Vets
23	Elle	Scott	12k Trail Run - Women	Masters
24	Jessica	Thornton	12k Trail Run - Women	Open
10.33am				
Bib Number	First Name	Last Name	Category	Age Category
400	Ben	Allen	12k Pro Ruck - Men	Masters
401	Tom	Apps	12k Pro Ruck - Men	Vets
402	Joshua	Baines	12k Pro Ruck - Men	Open
403	Simon	Belshaw	12k Pro Ruck - Men	Masters
404	Daniel	Bodin	12k Pro Ruck - Men	Vets
405	Kevin	Bogdan	12k Pro Ruck - Men	Vets
406	Jay	Bogdan	12k Pro Ruck - Men	Open
407	Jansen	Bogdan	12k Pro Ruck - Men	Open
408	Luke	Bryant	12k Pro Ruck - Men	Open
409	Paul	Bryant	12k Pro Ruck - Men	Vets
410	Owain	Gruffudd	12k Pro Ruck - Men	Masters
411	Adam	Hanford	12k Pro Ruck - Men	Open
412	Michael	Hingley	12k Pro Ruck - Men	Open
413	Simon	Home	12k Pro Ruck - Men	Masters
414	Jason	Ives	12k Pro Ruck - Men	Masters
415	Victor	Krauspe	12k Pro Ruck - Men	Masters
416	Darren	Miles	12k Pro Ruck - Men	Vets

417	Dean	Morgan	12k Pro Ruck - Men	Masters
418	Dave	Phillips	12k Pro Ruck - Men	Vets
419	Duncan	Purves	12k Pro Ruck - Men	Open
420	Brooklyn	Reed	12k Pro Ruck - Men	Open
421	Nicolas	Richardson	12k Pro Ruck - Men	Vets
422	Nigel	Russell	12k Pro Ruck - Men	Vets
423	Ross	Sidebotham	12k Pro Ruck - Men	Masters
424	Jack	Smith	12k Pro Ruck - Men	Open
425	Chris	Thomas	12k Pro Ruck - Men	Vets
426	Christopher	Walsh	12k Pro Ruck - Men	Masters
427	Sam	Wood	12k Pro Ruck - Men	Open
428	Adam	Woodward	12k Pro Ruck - Men	Masters
429	Natalie	Christofferson	12k Pro Ruck - Women	Open
430	Rabea	Hands	12k Pro Ruck - Women	Vets
431	Dawn	Jolleys	12k Pro Ruck - Women	Vets
432	Sara-jane	Perera	12k Pro Ruck - Women	Vets

10.36am

Bib Number	First Name	Last Name	Category	Age Category
200	Mark	Barnes	12k Novice Ruck - Men	Vets
201	Jake	Jolleys	12k Novice Ruck - Men	Open
202	T Ross	Parton	12k Novice Ruck - Men	Open
203	Paul	Sollars	12k Novice Ruck - Men	Vets
204	Hayley	Blignaut	12k Novice Ruck - Women	Vets
205	Melanie	Gaul	12k Novice Ruck - Women	Vets
206	Michelle	Hurley	12k Novice Ruck - Women	Vets
207	Faye	Lewis	12k Novice Ruck - Women	Vets
208	Menna	Morgan	12k Novice Ruck - Women	Vets
209	Eleri	Rogers	12k Novice Ruck - Women	Vets
210	Megan	Stansfield	12k Novice Ruck - Women	Open
211	Clare	Thomas	12k Novice Ruck - Women	Masters
212	Julie	Thomas	12k Novice Ruck - Women	Vets
213	Ceris	Williams	12k Novice Ruck - Women	Vets